

PAIN IN NEUROLOGY

Baltic Education Course
24 – 26 April 2014, Druskininkai, Lithuania

ENDORSED & SPONSORED BY:



SUPPORTED BY:

Estonian Pain Society, Latvian Association for the Study of Pain, Lithuanian Pain Society

EESTI VALU SELTS



START: 14:00 April 24th, 2014
END: 14:00 April 26th, 2014

LOCATION: Druskininkai, Lithuania
VENUE: www.grandspa.lt

OFFICIAL LANGUAGE: English

CERTIFICATION:



LITHUANIAN UNIVERSITY
OF HEALTH SCIENCES

Lithuanian University of Health Sciences
(15 educational hours)

REGISTRATION:

15 places available (5 from each
country – Estonia, Latvia, Lithuania).

Registration ends and abstract
should be sent by 10th April 2014

**Please contact your national pain
society for registration details.**

TARGET AUDIENCE:

This course is targeted to support neurologists and pain management specialists from Eastern Europe Baltic countries: Estonia, Latvia and Lithuania. Medical doctors of other specialties as well as from other countries may participate only if they already have been trained within EFIC educational programs.

ORGANIZER:

Lithuanian Pain Society



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EVENT MANAGEMENT:



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WELCOME MESSAGE FROM PROF. HANS GEORG KRESS M.D., PH.D., FPPMCAI (hon)



Dear participants of the Baltic Education Course on "Pain in Neurology"!

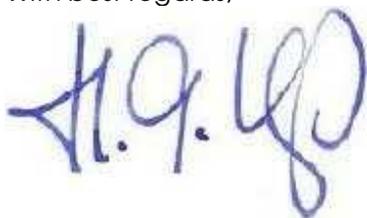
As President of the European Pain Federation EFIC©, I am pleased to address this Welcome Message to all of you on behalf of the Executive Board of EFIC©, and as an expression of my personal esteem for the longstanding EFIC© Councillor and President of the Lithuanian Pain Society LSD, Dr. Arunas Sciupokas. Congratulations also to the whole organising team of this Baltic Education Course, which is going to take place in the wonderful small resort town Druskininkai in southern Lithuania!

The European Pain Federation EFIC© is a multidisciplinary and multiprofessional organisation in the field of pain medicine and research, representing 36 European pain societies - the EFIC Chapters - and over 20,000 physicians of different specialties, scientists, nurses, psychologists, physiotherapists and other health care professionals involved in pain medicine across Europe. Since 2001, a major initiative of EFIC© is the European Year against Pain (EYAP©) that is dedicated every year to a special topic, which is currently "Orofacial Pain" and will be "Neuropathic Pain" starting off in October 2014. As you know, chronic neuropathic pain is not just a symptom of an underlying neurologic disease of a somato-sensory dysfunction or damaging process, it is also a major burden on individuals, health care providers, and society. Chronic neuropathic pain is a specific health care problem, and in many patients it has even become a disease in its own right.

So, there are many good reasons why EFIC© has endorsed and financially supported this Baltic Education Course on "Pain in Neurology". I am sure that the excellent international faculty and the well organised course program will provide all physicians, who treat such pain patients, a better understanding of clinical diagnosis and treatments of central and peripheral neuropathic pain syndromes, CRPS, chronic headaches and orofacial pain.

Once again, my very best wishes for a successful interdisciplinary Baltic Course on Pain in Neurology!

With best regards,

A handwritten signature in blue ink, appearing to read "H.G. Kress".

Prof. Hans Georg Kress M.D., Ph.D., FPPMCAI (hon)
President European Pain Federation EFIC©



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FACULTY:

| | |
|--|---------------------|
| Prof. Manfred Zimmermann (Neuroscience) | Heidelberg, Germany |
| Prof. Roberto Casale (Neurorehabilitation) | Montescano, Italy |
| Prof. Aki Hietaharju (Neurology) | Tampere, Finland |
| Prof. Joanna Zakrzewska (Neurology) | London, UK |
| Prof. Inara Logina (Neurology) | Riga, Latvia |
| Mark Baschinsky, MD (Neurology) | Tartu, Estonia |
| Alfredas Vaitkus, MD (Anaesthesiology) | Vilnius, Lithuania |
| Assoc. Prof. Arunas Sciupokas (Neurology) | Kaunas, Lithuania |
| Assoc. Prof. Kestutis Petrikonis (Neurology) | Kaunas, Lithuania |

DESCRIPTION AND OBJECTIVES:

The course "Pain in Neurology" is designed to provide medical doctors with specific information related to pain diagnostics and management in neurology practice. This is a higher level course for those physicians, who are involved in the management of neurologic patients or are dealing with neurology related pain and want to become experienced in the principles of interdisciplinary pain medicine as encountered in practice. Therefore, the overall objective is to increase and enhance participants' understanding of pain problems in neurology through the examination of the areas covered in the program.

ABOUT DRUSKINIKAI:

Welcome to a wonderful destination – a small resort town in southern of Lithuania!
Please visit www.druskininkai.lt for more information.

COURSE PROGRAM

DAY 1 (24TH APRIL 2014)

| | |
|-------------|---|
| 14:00 | Registration opens |
| 16:00-16:10 | Welcome address from course director and organizational aspects of the course Assoc. Prof. Arunas Sciupokas (Kaunas, Lithuania) |
| 16:10-17:00 | Introductory session – Theoretical aspects of neuropathic pain Knowledge of pain theory leads to better understanding of practical issues related to pain. The introductory lecture will overview neuropathic pain mechanisms and will serve as a starter for successful continuation of the course. Prof. Manfred Zimmermann (Heidelberg, Germany) |
| 17:00-19:00 | Case presentations session The participants introduce themselves by providing case presentations. This is mandatory for everybody entering course. It is desirable to present clinical cases from own practice related to pain problems in Neurology and related to the topics of the course. Participants TBA Moderators: Assoc. Prof. Kestutis Petrikonis (Kaunas, Lithuania) Assoc. Prof. Arunas Sciupokas (Kaunas, Lithuania) |
| 20:00 | Welcome reception |

DAY 2 (25TH APRIL 2014)

08:45-09:30

First plenary session

Peripheral neuropathic pain
Prof. Aki Hietaharju (Tampere, Finland)

Central pain
Prof. Roberto Casale (Montescano, Italy)

09:30-10:45

Tutorial 1 (Tutorial 2 for parallel group)

This tutorial will examine diagnostic approaches and therapeutic options available to manage most common neuropathic pain syndromes: painful diabetic polyneuropathy, postherpetic neuralgia, limb nerve entrapment neuropathies (including complicated low back pain). Available guidelines and their application for practical use, in particular IASP NeupSig guidelines on Neuropathic pain, and EFNS guidelines on the pharmacological treatment of neuropathic pain will be discussed. Data from clinical evidence and case scenarios presented by participants will be used for learning purposes.

Tutors: Prof. Aki Hietaharju (Tampere, Finland)
Assoc. Prof. Kestutis Petrikonis (Kaunas, Lithuania)

10:45-11:15

Coffee break

11:15-12:30

Tutorial 2 (Tutorial 1 for parallel group)

This tutorial is devoted to examine diagnostic approaches and therapeutic options to Central post-stroke pain (CPSP) caused by damage to, or dysfunction of the central nervous system (CNS), which may be due to stroke, multiple sclerosis, tumors, epilepsy, brain or spinal cord trauma, or Parkinson's disease. This tutorial will focus on existing guidelines for diagnosis and pain management in these pathologies affecting the central nervous system. Data from clinical evidence and case scenarios presented by participants will be used for learning purposes.

Tutors: Prof. Roberto Casale (Montescano, Italy)
Prof. Inara Logina (Riga, Latvia)

13:00-14:15

Lunch break



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DAY 2 (25TH APRIL 2014)

| | |
|-------------|---|
| 14:15-14:45 | Second plenary session Headache and Facial pain Prof. Joanna Zakrzewska (London, UK) Complex regional pain syndrome Assoc. Prof. Arunas Sciupokas (Kaunas, Lithuania) |
| 14:45-16:00 | Tutorial 3 This tutorial is devoted to examine diagnostic approaches and therapeutic options of most common primary headaches: migraine, tension type headache, and trigeminal autonomous cephalalgias, as well as facial pain problems, such as trigeminal neuralgia and atypical facial pain. The International classification of headache disorders (2nd edition) will be used as basic document for clinical discussions. Data from clinical evidence and case scenarios presented by participants will be used for learning purposes. Tutors: Prof. Joanna Zakrzewska (London, UK) Mark Brachinsky, MD (Tartu, Estonia) |
| 17:00-20:00 | Druskininkai sightseeing tours, leisure time |
| 21:00 | Course dinner |



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DAY 3 (26TH APRIL 2014)

09:15-10:30

Tutorial 4

This tutorial is devoted to examine diagnostic approaches and treatment options in case of complex regional pain syndrome both explore invasive procedures in various cases of neuropathic pain. The Budapest Criteria should be used to diagnose Complex Regional Pain Syndrome (CRPS) will be explored. The tutorial will emphasize on peculiarities of CRPS I and CRPS II to be introduced into clinical practice. A value of multidisciplinary approach in running of neuropathic pain programs also will be discussed.

Tutors: Assoc. Prof. Arunas Sciupokas (Kaunas, Lithuania)
Alfredas Vaitkus, MD (Vilnius, Lithuania)

10:30-12:00

Faculty panel discussions session

Course faculty

Moderator: Prof. Manfred Zimmermann (Heidelberg, Germany)

12:00-14:00

Farewell Lunch